

Astral Sex

By Robert Bruce

(Dynamics & Bioenergetics Of OBE Sex)

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Once the exit out-of-body has been mastered and projectors begin tentatively exploring their new environment, another natural barrier will soon raise its ugly head. As projectors begin expanding their horizons they will soon begin encountering other projectors. Out-of-body sex (*more commonly called astral sex*) is a human-nature complication of consciousness and bioenergetic incarnation. It forms a strong natural barrier in the way it can hinder serious out-of-body operations. It severely limits projectors' time out, and hence what can be accomplished, in the control they have over sexual thoughts and urges. Sexual thoughts are veritable time bombs waiting to go off in the minds of projectors.

In real life, sexual thoughts and fantasy type sexual imagery pop into peoples minds all the time, privately and harmlessly. These are perfectly natural and do no harm whatsoever. In the sensitive out-of-body environment though, where projectors really are what they think, thoughts are not quite so private and harmless. Sexual thoughts not only affect the sensitive environment, but are also inflicted upon other projectors, often against their will. The quality of projectors' thoughts have a strong influence on OBE operations, as well as on any other projector or being they happen to come across. If sexual thoughts are not well controlled, projectors will not get very far or last very long in the OBE environment.

The telepathic, energetic and empathic linkage provided by the Silver Cord, between the physical/etheric body and its projected double(s), transmits energies and emotions back and forth between them. This includes sexual urges and energies generated by erotic thoughts. The sex instinct is one of the most powerful primal urges and, like all strong emotions, can cause serious energetic problems if allowed to flourish unchecked in the sensitive out-of-body environment. Unchecked sexual thoughts and urges can cause powerful energies to compound back and forth between the physical/etheric body and its projected double. This can cause a type of sexual energy feedback to occur which can have a powerful effect on projectors.

Real Time Sex:

Out of body sex is much more intense during a real time projection. The closer to real time a projector is, the more sensitive and vulnerable he/she is to sexual energies. There is a more direct energetic connection between the physical/etheric body and its real time projected double, than there is with its astral double; this being dimensionally more remote. Because of this, primary energy centers can become heavily involved when triggered by real time sexual encounters, especially the genital and base centers. These are the underlying causes of the intensity and speed of real time sexual encounters. Real-time sex can be almost instantaneous, as compared with an astral or lucid dream types of sexual encounters.

A real time sexual encounter, accidental or deliberate, always has the same outcome. It results in almost instantaneous orgasm for the physical body of the initiator. The same thing can also often happen to the initiator's passive or unwary sexual partner as well, when another projector is involved.

With real time sex between two living projectors, there is more at work than just emotional and sensory feedback between the physical and projected bodies of a single projector. The genital centers of both projector's can connect in a powerful way. This causes a flooding exchange of male and female sexual energies to occur between the

physical bodies of both projectors, via their connecting Silver Cords, regardless of the genders of the projectors involved.

Once real time sex is triggered between two projectors, a strong two-way energetic connection forms. This can cause them both to experience uncontrollable sexual arousal which may be completely out of character for either of them. The sexual urge compounds back and forth, causing a shared real-time sexual experience and energy exchange. Each projector contributes to the intensity of the real time sex act, albeit often unwittingly. In most cases there is no deliberate intent on the part of the initiator of the real-time sex act; only a few stray sexual thoughts gone awry. Both projectors are victims of their own built-in sensitivity to sexual urges and energies, with these being greatly intensified in the sensitive out-of-body environment.

Real-time sex does not require physical close contact as it does in the physical dimension. Sex can be initiated and consummated from a distance of several meters or more, with the two projectors involved never getting any closer. But some attempt to enact a semblance of physical copulation will normally occur once the real-time sex process is triggered.

Enhanced Genital Sensitivity:

When a genital center connection (*genital chakras*) is made during the real-time sex act, both projectors become intimately aware of the sensation of their genitals interacting with each other; as if their physical bodies were actually copulating. But as with all other senses of the projected double, the sensation of touch is enhanced, thereby greatly magnifying OBE genital contact sensations. I would say genital sensitivity is multiplied by a factor of at least ten. It can be so sensitive that orgasm can occur in the physical bodies of both projectors within only a few seconds. This will normally end both projections, for obvious reasons.

Because of this enhanced sensitivity, genital sensations experienced during real-time sex encounters are highly abnormal and feel nothing at all like they do in the physical dimension. The nearest I can describe this abnormal sensation is that both projectors feel themselves expanding into and becoming their oversensitive genitals. They become their genitals and then feel they are copulating with another set of whole-body genitalia, those of their real time sex partner.

Male Initiator:

A male real time sex initiator (*his projected double*) perceives the rapid extrusion of a giant penis-like limb as extending from his genital area. He then flows into and becomes this penis-like limb. This extends rapidly and deeply penetrates the body of his real-time sex partner in the genital area, even from several meters distance. It rises up through and fills his partner's whole body. The initiator has the sensation that the inside of his partner's body is made of dense, warm, energetically tingling and throbbing, ultra-erotic jelly.

Female Initiator:

A female real time sex initiator (*projected double*) feels a similar sensation to the above. But her genital limb is usually perceived by her as more of a vagina-like tube extension. This tube grows from her genital area and she flows into it, becoming it. This then extends and deeply penetrates her real-time sex partner's body in the genital area. It then rises up through her partner's body. Her sensation is more of an engulfing of the inside of her partner's body rather than one of simply penetrating. This variation in female genital sensations has also been described to me as an engulfing of the spine of her real-time sex partner.

Real Time Sex Process:

There are as many possible variations of the real-time sex act as there are variations with physical body sex acts, including gay and lesbian varieties. Also the type of genital-like extension sensations that can be experienced, male or female, are not limited by gender. However, the genital and base centers are always involved somewhere in the sexual energy feedback equation. The coming break-down of a real-time OBE sexual encounter is therefore best considered as being the basic real-time sex process only.

1. Some variation of boy meets girl happens between two real-time projectors. Sexual thoughts and imagery cause desire to be felt by the initiator. This desire reflects back and causes immediate sexual arousal to occur in the initiator's own physical body.
2. Physical sensations of sexual arousal now rebound back into the initiator's own projected double, from their own sexually aroused physical body.
3. Sexual thoughts, imagery and erotic sensations flood back and forth, compounding swiftly on telepathic, emotional and bioenergetic levels. This rapidly intensifies sexual arousal in both the initiator's projected double

and physical body.

4. Now fully aroused, the initiator's physical body floods its projected double with sexual energy from its now highly active genital center, via the Silver Cord, as his/her physical body rapidly approaches orgasm. This sexual energy flooding momentarily strengthens the initiator's projected double, but sexual urgency now consumes the initiator and results in a total loss of control. Once this stage is reached there is no way to avoid the inevitable consummation of the real-time sex act.
5. The initiator's own projected double will now usually attempt some form of rapid and urgent copulation with his/her ensnared passive partner. This forms a remote energetic connection between the physical bodies of both projectors, via both their projected double's Silver Cords. This connection is much stronger if the passive projector becomes sexually active at this stage.
6. Erotic thoughts and sensations, emotional and sexual energies feed back and forth between the initiator's physical body and its projected double, resulting in a type of erotic sexual energy feedback, swiftly compounding and increasing. This will usually involve the passive partner as well, especially if he/she has become aroused and more or less involved. This creates something like a four sided sexual energy feedback loop, greatly increasing its intensity.
7. Orgasm now occurs in the physical body of the initiator, and very often in his/her passive partner's physical body as well. Physical body orgasm usually ends the projection immediately.

Depending upon the speed and intensity of this type of real-time sexual encounter, the passive partner may or may not become actively involved in the real time sex act. Therefore his/her physical body may or may not experience orgasm. This depends greatly upon the timing of the encounter: on whether or not there is enough time before the energy connection is broken by the initiator, when he/she consummates their side of the real-time sex act. The entire real-time sex process can take place, from the first stray sexual thought to orgasm, in under ten seconds; with either male or female initiator.

The above real-time sex process can have many variations and subtle nuances. Orgasm will almost always occur in the initiator, and more often than not in his/her passive partner as well. The above process can happen so fast that the initiator will often be unaware he/she has initiated sex. That is, until a rapidly approaching physical body orgasm signals the end of his/her projection.

Age, physical condition, sexual orientation and inclination do not have any effect on out-of-body sex. Many people, although they may be old and think they have outgrown the sex urge, find they feel young and sexually active again during OBE. In the out-of-body environment everyone is young and vital and therefore has an inherently sexual nature. And you will never see an old, fat, skinny, crippled or ugly projector. The innate sense of whole-body self-awareness that everyone has sets when a person is in their prime, usually around the age of thirty-five. This sense of whole-body self-awareness shapes the image of the projected double, which is not limited by the true appearance and condition of the actual physical body.

Because of the above, sexual identity can also affect perceptions of the physical body during OBE. For example, a male with female sexual identity can appear as having a female body during OBE. In the fluid OBE environment you are what you think and can become what you feel. (*See 'Shape Shifting' -- Astral Dynamics*)

Astral Sex:

Astral sex (*and even lucid dream sex*) is dimensionally more remote and thus causes far less sexual energy and sensory feedback than real-time sex; although this will still occur to some degree. Astral sex is therefore slower and more like normal physical body sex. The enhanced genital sensitivity and abnormal genital sensations, as discussed above, are also greatly reduced during astral sex. Because of this, astral sex can provide extremely realistic sensations: much more like normal physical body sex. Astral sex can also sometimes be orgasm-less due to this reduction in sensitivity, and because of the lengthier time it takes to achieve orgasm and hence consummate the astral sex act.

Apart from other living projectors, many of the characters encountered during astral projections do not appear to be real; although some are what could be called native inhabitants of astral realms. Also, as I mentioned earlier, most of the characters encountered during lucid dreams do not appear to be real. Many seem to be something like created shells, whose sole purpose is to form a temporary part of the scenery.

It is possible to have sex with a created or unreal character, although the genital contact sensations resulting from this type of sexual encounter are greatly reduced; seemingly more distant than sex with other projectors. The sensations of sex, in this case, appear to be provided by the subconscious mind of the projector/dreamer; probably based on memories of past real-life sexual encounters. The erotic mental imagery and sexual sensations are, however, just as real to the physical/etheric body and energetic feedback will still occur, albeit less strongly and in a kind of solo sexual energy feedback loop.

In my experience, other people encountered during real-time OBE's are usually other living projectors. However, this does not hold true once a projector shifts out of the real-time zone and into the lower astral; which will often happen unnoticed. There is one main way to tell real projectors and sentient astral beings from unreal created characters. Real and unreal beings behave and react quite differently to interference, including sexual advances. An unreal character will simply stand there and let anything be done to them, be it sex or murder. They will not resist or complain in the slightest, no matter what is done to them. However, real astral beings and other projectors, even unaware sleep projectors, will be found to object, resist, fight, verbally abuse and even attack interfering projectors; although they will usually just leave the area.

In the crowded areas of the lower astral (*the lower astral is heavily populated, mainly with unaware sleep projectors*) projectors may find themselves occasionally passing through the bodies of other projectors. This often cannot be avoided, given the usual directional control problems. If they are not careful, this in itself can often trigger the astral sex process, especially when passing through the projected doubles of the opposite sex. Even if a projector keeps his/her mind clear they will still feel a sexual stirring; although this can be controlled and overcome if his/her stays focused and keeps moving. This type of accidental astral sex will only snare projectors if they are careless.

As I said, the majority of OBE sexual encounters are unintentional and/or accidental affairs; although there most definitely are exceptions. Sex just happens when sexual thoughts, fantasy imagery and sexual energies get out of control. Either male or female can initiate the out-of-body sex process with the same end result. This can also happen between two projectors of the same gender.

Only one projector is needed to initiate out-of-body sex, which in most cases is usually enough to involve and consummate sex for both projectors. If projectors do not wish to have out-of-body sex, they have to be aware of what can happen and act quickly. If they meet another projector and think or sense a sexual encounter may be likely, they must move away very quickly to avoid it, especially in real time. But this is easier said than done. It can happen very quickly and the initiator may not even intend to have or cause a sexual encounter. He/she will often be just as shocked by what transpires as their unwitting partner may be.

One comforting thought here is that no one can get seriously hurt through chance out-of-body sexual encounters; no matter what or how it happens. It is not only very quick, but there is no actual physical contact. It is also rarely remembered by either party; and if remembered then only as a dream. And as there is no actual physical contact, it really is the ultimate safe sex. In my opinion, OBE sex can cause no more psychological scarring than a bad dream might.

An important aspect of the natural barrier which out-of-body sex forms, which deserves consideration, is just what this can do to the energetic value of a projector. In the out-of-body environment like attracts like in a very big way. If projectors deliberately seek out and engage in disreputable sexual behavior during a projection, they will find the dimensional level they are capable of operating on will begin to lower significantly. Repeated deliberate sexual encounters (*one could call this astral rape, with all this implies*) could well mean projectors will begin sliding down the dimensional scale until they find themselves frequenting the very low astral sub-planes. This new level will have a more predatory sexual nature and theme to it; better suited to this type of projector.

For all the above, occasional chance or unintentional out-of-body sexual encounters do not appear to cause any significant or lasting drop in projector's natural dimensional level of operations. And this does not apply to out-of-body love and romance: where there are shared feelings of love, intimacy and desire. The energetic values involved with love and sex are, I believe, quite different from those generated by lust and sex merely for the sake of release. Consummation of the out-of-body sex act will, however, still be found to cut OBE short, especially real-time OBE sex.

Privacy, Ethics & Projection:

There is a widespread belief stemming from early this century that has not only remained unchanged but has been continually propagated ever since. This belief is that if a projector deliberately invades the privacy of another person for immoral purposes or unethical gain, or engages in any disreputable or sexual behavior during OBE, they will be banned or stopped from further projecting -- grounded by a higher authority. It is even believed by some that there is

a kind of astral police force watching out for ethical, moral and astral rights transgressors.

According to my experience this belief is a total myth. There are many natural barriers associated with OBE, but there are no ethical nor moral limitations. No higher authority is interested in the activities of projectors. No astral police force will appear and punish bad or naughty projectors.

The ethical and moral correctness of any out-of-body action depends entirely upon the judgment and conscience of the projector concerned. With out-of-body sex especially, strong natural barriers are encountered and there are natural repercussions for repeated disreputable behavior. If projectors cannot control their behavior they will not last very long nor travel very far while out of body. Their experiences will tend to be quickly curtailed whenever they meet any potential sex partners, real or unreal. This cuts their OBE's very short indeed and keeps them off the astral streets, so to speak.

If projectors go actively seeking sex, they will come across an ever increasing number of potential sex partners. The lower astral planes teem with these. Like attracts like in a big way in the sensitive out-of-body environment. The only repercussions stemming from habitual bad behavior, as far as I am aware, are a lowering of energetic values and of the levels of operation possible. In this case the attraction of other like-minded projectors and beings is, I consider, natural consequence enough. This has the effect of keeping sexually overactive projectors away from more serious-minded projectors. This has, I feel, a certain poetic justice to it.

As to invading the privacy of people in the real world, or other projectors in the out-of-body environment, even for deliberate unethical gain or immoral purposes, there are no restrictions. In my experience there is no astral police force or astral overseer who will suddenly blow a whistle and say: "OK mate...I saw what you just did! Get straight back into your body and stay there...Right Now!" Imagine the enormous number of astral police that would be required just to keep tabs on several billion people day and night?

The intentions involved with privacy issues are important. Continual deliberate breaches of privacy will cause a serious alteration in a projector's energy values. This will attract other like-minded projectors and negative-type beings into their OBE's as well as into their real life; which is consequence enough methinks.

It seems the whole idea that out-of-body behavior is policed was started by early researchers and authors on OBE and related subjects, early last century and late in the century before this. Most would have realized the real truth of this matter, of this I am quite sure. However they seem to have worried that if the public knew the whole shocking truth about the sheer freedom of OBE, they might use OBE for what they considered to be immoral purposes. In a way, these researchers and authors tried to impose their own set of moral judgments and values upon the public with a "Stop it or you'll all go blind!" kind of attitude and blanket warning. They hoped by this, I am sure, to influence people into using OBE for good and noble purposes only.

Stemming from this, these early writers and researchers have unwittingly imposed this same set of values upon the present day. Consider the early written works in OBE and related fields, and how these have been used as reference and source material by all researchers, authors and teachers ever since. All of these early works have had some influence on present day thought, concerning behavioral limitations of OBE. As a result of this we now have many versions of 'The Astral Overseer' and 'The Astral Police' types of beliefs to deal with; all stemming from the original morally inflicted Victorian fallacy.

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